

NORTH SHORE COMMUNITY SUPPORT SERVICES, INC.

Minutes of the Annual General Meeting

September 26th, 2018, at 3:00 p.m.

President: Charles Houle
Vice-President: Anne Cranston



Treasurer: Lesley San Cartier
Secretary: Heather Clouston

1. **Call to Order**

Charles Houle, President, called the meeting to order at 3:00 p.m.

2. **Roll call of Members**

Denise Bedard, Office Coordinator, conducted the roll call of members and those which were present identified themselves.

3. **Adoption of Agenda**

Motion AGM September 26/2018-001

Moved by Paul Morin and seconded by Pauline Murphy:

"That the agenda be adopted as presented."

-carried-

4. **President's Address**

Charles Houle, President, welcomed the members of North Shore Community Support Services, Inc. to the 23rd Annual General Meeting of the corporation and started his address with a joke.

Charles Houle, introduced himself to the audience and shared his connections and some history of North Shore Community Support Services and Club 90.

He worked at Club 90 as a student in the summer of 1992 and in the summer of 1993. As a student in psychology, he wanted to gain experience in the mental health field. He went in and introduced himself to Anke and gave her his resume. After speaking with Anke for a good half hour, she told him that although she would like to have him, she did not have the funding to hire a student. He suggested a government program called SEED where she could perhaps apply for monies. And so, it began, funding was secured, a great working relationship did begin.

This is also where Mr. Houle got the nickname “Chuckles” which still sticks to this day.

From February 1995 to August 1995 he was hired on as Program Coordinator while Anke diligently worked with the Advisory Committee and staff lawyer Heidi Breier to divest from CMHA and start a new corporation: North Shore Community Support Services Inc.

Charles was then, after a few years, asked if he was interested in becoming a board member. As he had always kept in touch with the club, even bringing his Psychology classes to spend the day with members, having as well done some French language translations, Charles did not hesitate and stood for elections.

Charles continued to reminisce on how he always had a tremendous amount of respect for the Executive Director and that she is a great woman, a leader and visionary but terrible at gifting: He shared what he received as his wedding gift - a year’s supply of toilet paper. Perhaps it was her way of telling him that he was full of it...Anke is indeed a person with vision. The perfect example of this is where we are all gathered here today. What an incredible, and courageous undertaking this move to this location has been.

Club 90 has moved now 3 times since 1991 and every time, to a better place!

Charles Houle thanked Anke personally and her staff for all their hard work in relocating to this great location. As well he thanked his fellow board members for their time, insights, but most of all for their caring. He noted that the Board deeply cares about the North Shore Community Support Services Inc. and its services.

Charles commented that he is quite pleased to see how far we have come as a society in accepting the reality of mental illness and how slowly the stigma associated with it is diminishing. “But we cannot, must not, rest yet. There is still lots of work to be done. The only thing that I ask, is that we, all of us, continue to be a good neighbour, a good friend and to take the time to listen.”

Mr. Houle ended his address with the following,

“Some aspiring psychiatrists were attending their first class on emotional extremes.

“Just to establish some parameters,” said the professor to the student from Arkansas,

“What is the opposite of joy?”

“Sadness,” said the student.

“And the opposite of depression?” he asked of the young lady from Oklahoma. “Elation,” said she.

“And you sir,” he said to the young man from Texas, “How about the opposite of woe?”

The Texan replied, “Sir, I believe that would be giddy-up.”

“So, to all of you, I say giddy-up, and let’s have a great AGM and enjoy a great BBQ.”

5. **Minutes of the 2017 Annual General Meeting: June 20, 2017**

The minutes of the meeting of the corporation held on June 20, 2017 were reviewed by the membership and accepted as presented:

Motion AGM September 26/2018-002

Moved by Tracy Rawcliffe and seconded by Helga Westerhoff:

"That the members of North Shore Community Support Services Inc. accept the minutes of the 2017 Annual General Meeting held on June 20, 2017 as presented."

-carried-

6. **Presentation and Ratification of the Audited Financial Statements, 2017/2018**

Anke Lansky-Johnson, Executive Director, presented the audited financial statements for the period April 1, 2017 – March 31, 2018 and reviewed them with the members. As there were no questions the following motion was made:

Motion AGM September 26/2018-003

Moved by Lesley San Cartier and seconded by Pauline Murphy:

"That the members of North Shore Community Support Services, Inc. accept the audited financial statements for the fiscal year ending March 31, 2018 as presented."

-carried-

7. **Executive Director's Report for 2017-2018**

Anke Lansky-Johnson, Executive Director, spoke about her tenure as staff, first with Club 90 and then with North Shore Community Support Services Inc. She then introduced the new staff team to the membership:

Denise Bedard is our Office Coordinator and is new to the not-for-profit sector but is fitting in quite nicely. She started in June 2018 with us. Her background is varied, and she brings with her both administrative and caregiver experience.

Sheila Best is our Seniors' Mental Health Community Outreach Consultation Program Nurse. She as well is new to the not-for-profit sector. She brings with her clinical experience as a Registered Practical Nurse and started in April 2018.

Kyle Best is supporting people in the Club 90 Program as a Mental Health Worker since February 2016 – no novice to our sector he brings with him years of garnered knowledge of the Mental Health and Addictions sector.

Lindsey Cada-Tremblay, Mental Health Worker for the Club 90 Program is new to the not-for profit-sector – started on July 23, 2018 and is eager to learn. Her background is varied, and she brings both, a base from the social services education and employment experience.

Zack Girard, Information Referral Data Entry Specialist for our Resource Tool East Algoma Connects has been experiencing the not-for-profit sector since February 2016. His background includes tech savviness which allows him to stay on top of the information flow. And Zack brings a never-ending willingness to pitch in where ever needed.

The Executive Director thanked all staff for bringing their positive attitude to work every day. With a positive approach projects become easier to execute, changes become easier to implement and problems become easier to solve. And further Anke commented “If people realize that by taking ownership of every project and task, we are taking ownership of our own success.”

Anke referred to the “Cole’s version” of the Annual Report and gave a few highlights.

In closing the Executive Director pointed and that the biggest accomplishment of the board and the entire organization this year was to secure new premises, develop renovation plans, find funding and move. This gigantic task already had started in July 2016, searching for a new home!

And last not least the executive director extended a heartfelt thank you to all the volunteers, be it board members or program volunteers. A total of 42 people extending their helping hands in 3,706 hours during this year. An equivalent of 2 people working 40 hours per week – except for no pay. THANK YOU!!

8. **Appointment of Auditors for 2018/2019**

Motion AGM September 26/2018-004

Moved by Paul Morin and seconded by Kyle Best:

“That the members of North Shore Community Support Services, Inc. approve the appointment of the accounting firm Joe Ruscio Professional Corporation as auditors of the North Shore Community Support Services, Inc. for the 2018/2019 fiscal year, and authorize the Board to fix re-numeration.” **-carried-**

9. **Election of Board of Directors for 2018-2019**

Charles Houle, President, gave an overview of the nominations and elections process of the North Shore Community Support Services, Inc. There were four board positions to be filled for a three-year term. He explained the rules of the nominations and selection process.

The President then commended the Executive and Nominating Committee for their efforts to ensure there was a slate of directors presented, as practiced since 1996, which fills all requirements of a balanced board. The slate of candidates was approved by the Board at their September 24th, 2018 meeting.

Charles then presented the following slate of candidates nominated and recommended to the general membership by the Board of Directors for election to serve a three-year term;

Arline Cardy; Paul Morin; Lesley San Cartier; with the 4th place remaining vacant until such time that an eligible candidate can be appointed by the Board of Directors.

Motion AGM September 26/2018-005

Moved by Pauline Murphy and seconded by George Kletter:

"That the slate of candidates nominated by the Board of Directors be accepted as presented." **-carried-**

Thus, Arline Cardy, Paul Morin, and Lesley San Cartier were acclaimed as Directors of the Board for a three-year term.

Congratulations to the elected Board members!

10. **Adjournment**

Moved by Tracy Rawcliffe to adjourn the meeting at 3:47pm

Minutes approved this day of, 2019

President

Secretary