







Activities

August 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<p>We will be serving the welcome back brunch at three times throughout the day. This is a free brunch. You must sign up ahead of time. (10 a.m. – 11 a.m./11 a.m. to 12 p.m. /12 p.m. to 1 p.m.)</p>						1
2	Closed	4 10:30 meditation 2:30 Stepping Stones meeting	5 Karaoke Contest 	6 10:30 coffee social and current events 2:30 Charades	7 1030: Clubhouse clean up 1:30 p.m. Croquet at the beach*	8
9	10 1030: Science of Wellbeing wk 7	11 10:30 Art Therapy 2:30 Journaling	12  Brunch	13 10:30 coffee social and current events 2:30 Family Feud	14 1030: Clubhouse clean up 1:30 p.m. Golfing with Cooper*	15
16	17 1030: Science of Wellbeing wk 8	18 10:30 meditation 2:30 Meal/Activity calendar prep	19 CAMP THOMPSON 	20 10:30 coffee social and current events 2:30 Mental health trivia	21 1030: Clubhouse clean up 1:30 p.m. Fishing at the pier* 	22
23	24 1030: Science of Wellbeing wk 9	25 10:30 Art Therapy 2:30 Journaling	26 2:30 p.m. Pool tournament	27 Newsletter production day	28 1030: Clubhouse clean up 1:30 p.m. Going away party for Cooper	29
30	31 1030: Science of Wellbeing (wrap up)	NOTES: <ul style="list-style-type: none"> Outdoor activities are weather dependent (call ahead to confirm). As staff are not able to transport people to locations, members are responsible for their own transportation. 				



Club 90 Café

August 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<p>At this time, we can only safely accommodate 16 people for meal times, therefore you <u>MUST</u> sign up for meals as we are not able to guarantee there will be space.</p>						1
2	3 Closed	4 Mini meatball subs and fries	5 Kelly's homemade soup	6 BBQ (Weather permitting) \$3	7 Hot turkey sandwich and sides	8
9	10 Egg roll in a bowl	11 Turkey soup	12 Welcome Back Brunch (FREE) <i>See note below</i>	13 BBQ (Weather permitting) \$3	14 Spaghetti & garlic bread	15
16	17 Chicken Caesar Wraps	18 Taco Salad	19 CAMP THOMPSON DAY TRIP	20 BBQ (Weather permitting) \$3	21 Chicken and Pasta	22
23	24 National Waffle Day	25 Mini Pizza	26 Pork chops and sides	27 BBQ (Weather permitting) \$3	28 Cold Plate	29
30	31 Kerry's veggie pasta	<p>Welcome Back Brunch We will be serving the welcome back brunch at three times throughout the day. This is a free brunch. You must sign up ahead of time.</p>  <p>10 a.m. – 11 a.m. 11 a.m. to 12 p.m. 12 p.m. to 1 p.m.</p>				

Notes

Supper is now served at 3:30 p.m.
SIGN UP TIMES: Supper by 2 p.m./Lunch 11 a.m.