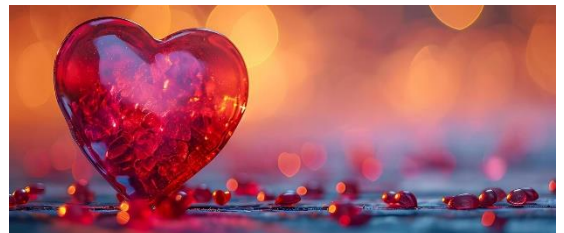


# FEBRUARY

# 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 Around The World Tour learn all about INDIA with Ajay 	04 Decorate Love Tree Meditation @3 pm 	05 Valentine's Wall of Gratitude 	06 Make Valentine's for Seniors 	07 Paint and Sip Valentine's @ 1pm 
10 Self Love Day Learn to Love yourself Around table Social on self love	11 Come Play Chess all Day !!  Meditation @ 3pm	12  And Jam Session 12PM-3PM	13 Journaling at 11am Kindness Note Exchange 	14 FRIENDSHIP DINNER 1PM OR 3PM SIGN UP 
17 FAMILY DAY!! ENJOY AND SEE YOU TOMORROW 😊	18 ODSP Worker @ 12pm Lunch and Learn Meditation @ 3pm	19  And Jam Session 12PM-3PM	20 Journaling at 11am Around table social get to know others 1pm 	21 GAMES DAY!!! Bean Bag Baseball, Karaoke, and 
24 Pool & Darts Tournament starting at 12pm 	25 Come Play Chess all Day !!  Meditation @ 3pm	26 Stop bullying and plant flowers 2pm 	27 Journaling at 11am Around table social get to know others 1pm 	28 GAMES DAY!!! Bean Bag Baseball, Karaoke and 





# FEBRUARY



Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
<b>Supper:</b> <b>Chicken Kiev with Samosa</b> 	<b>Supper:</b> <b>Shake and Bake Chicken</b> 	<b>Supper:</b> <b>Macaroni and Beef Casserole by Chris</b> 	<b>Supper:</b> <b>Pulled Pork sandwiches by Ivan</b> 	<b>Supper:</b> <b>Chili by Roy</b> 
10	11 Free Lunch	12	13 Free Lunch	14 I- CHEF
<b>Supper:</b> <b>Stuffed Peppers by Moe</b> 	<b>Supper:</b> <b>Tomato Soup with Naan Bread by Rolly</b> 	<b>Supper:</b> <b>Chicken Orzo Casserole</b> 	<b>Supper:</b> <b>Chicken and stuffing Casserole by Maggie</b> 	<b>Supper:</b> <b>Friendship Spaghetti Dinner</b>
17	18 Free Lunch	19	20 Free Lunch	21 I- CHEF
<b>Family Day</b> 	<b>Supper:</b> <b>Hamburger Casserole by Maggie</b> 	<b>Supper:</b> <b>Shephard's Pie and Irish Bread by Deborah</b> 	<b>Supper:</b> <b>Meatball Subs by Ivan</b> 	<b>Supper:</b> <b>Beef Pizza Roll-Ups</b> 
24	25 Free Lunch	26	27 Free Lunch	28 I- CHEF
<b>Supper:</b> <b>Beef and Rice Casserole</b> 	<b>Supper:</b> <b>Cold Plate</b> 	<b>Supper:</b> <b>Pineapple Fried rice by Aubrey</b> 	<b>Supper:</b> <b>Shawarma by Melanie</b> 	<b>Supper:</b> <b>Chicken Parmesan by Kyro</b> 

I-CHEF is back, so make sure to sign up for the meal on Wednesday.

If any member wants to cook in the month of March, give their name to AJ by 21<sup>st</sup> February.

There are two sittings for the Friendship dinner on the 14<sup>th</sup>, one at 1PM and the other at 3 PM, so make sure to sign up for the dinner by 12<sup>th</sup> February.

