



# February



Monday 2	Tuesday 3 Free Lunch	Wednesday 4	Thursday 5 Free Lunch	Friday 6 I-CHEF
<b>Supper: Ham and Bean Soup</b> 	<b>Supper: Meat loaf</b> 	<b>Supper: Salsa Chicken and Rice</b> 	<b>Supper: Staff Training Day</b> 	<b>Supper: Beef Stew</b> 
9	10 Free Lunch	11	12 Free Lunch	13 I-CHEF
<b>Supper: Pizza</b> 	<b>Supper: Chicken Ceaser Wraps</b> 	<b>Supper: Shepherd's Pie</b> 	<b>Supper: Club 90 Bowls</b> 	<b>Supper: Friendship's Spaghetti Dinner</b> 
16	17 Free Lunch	18	19 Free Lunch	20 I-CHEF
<b>HAPPY FAMILY DAY</b> 	<b>Supper: Chili</b> 	<b>Supper: Hot Ham Sandwich</b> 	<b>Supper: Cold Plate</b> 	<b>Supper: Mexican Rice Casserole</b> 
23	24 Free Lunch	25	26 Free Lunch	27 I-CHEF
<b>Supper: Shake and Bake Chicken</b> 	<b>Supper: Chicken Orzo Casserole</b> 	<b>Supper: Lasagna</b> 	<b>Supper: Hamburger and Hot dogs</b> 	<b>Supper: Taco Bar</b> 

If any members want to cook in the month of March, please give their Recipes to Ajay by 20<sup>th</sup> February.

We are having our Friendship's Dinner on the 13<sup>th</sup> of February, serving Spaghetti, Ceaser Salad, Bruschetta, Pepperoni roses and Desserts.

# February

# 2026

MONDAY 02	TUESDAY 03	WEDNESDAY 04	THURSDAY 05	FRIDAY 06
TAX TIME Basic tips for getting your taxes done	What do you Love about yourself Hearts for the Mirror all day workshop	Decorate the Tree for Valentine's Day  Magic 12pm -3pm 	STAFF TRAINING DAY! See you tomorrow	Round Table Social Self Love Talk At 11am  
09	10	11	12	13
Friendship Pin and bracelet making with beads  	Pool Tournament at 1:30pm sign up  	OPP Phil Young Presentation on Scams @ 1:30pm  	Presentation by Counselling Centre of East Algoma on goal setting at 1:30pm	FRIENDSHIP DINNER 1pm  
16	17	18	19	20
SEE YOU TOMORROW  	ODSP and Ontario Works all day!!	Presentation by Ryan on addictions From CCEA  Magic @ 12-3pm 	Paint and Sip At 12pm Sign up at Club 90  	Round Table Social at 1pm Vision Board your Goals  
23	24	25	26	27
National Banana Bread Day. Come at 11am to bake some banana muffins and decorate your own muffin	Movie and popcorn day, come in your jammers	Presentation by Counselling Centre of East Algoma on Coping with Anxiety at 1:30pm	Presentation by Counselling Centre of East Algoma on Healthy Communication at 1:30pm	Round Table Social at 11am  