

Community Supports

## Phone Number

Algoma Family Services	(705) 848 -0709
Algoma Public Health (APH)	(705) 848 -2314
Psychiatric Case Manager (CMHA)	(705) 849-4115
Alcoholics Anonymous (AA)	(705) 461-3150
Al Anon Family Group	1-888-425--2666
Consumer/Survivor Initiative Elliot Lake (Beehive)	(705) 461-3912
Camillus Centre	(705) 848 -7182
Centre Victoria pour Femmes	(705) 461-6120
City of Elliot Lake	(705) 848 -2287
Christian Horizons	(705) 789 -1725
Community Living Algoma (CLA)	(705) 848 -2475
Counselling Centre of East Algoma	(705) 848 -2585
HSN mental health Counselling and Treatment Service	(705) 848 -9131
Elliot Lake Emergency Food Bank	(705) 461-3663
Elliot Lake Family Health Team	(705) 461-8882
St. Joseph's General Hospital Elliot Lake	(705) 848-7181
Larry's Place (Men's Shelter)	(705) 989-5600
March of Dimes	(705) 848-4840
Maplegate House for Women	(705) 461-9868
Elliot Lake & North Shore Community Legal Clinic	(705) 461-3935
North Channel Literacy Council	(705) 578-3200
Non-Emergency OPP	(705) 848-6975
Oaks Centre (Detox)	(705) 848 -2129
ODSP	(705) 253-2001
Salvation Army	(705) 848-2417
Suicide Crisis Helpline	9-8-8
Supportive Independent Living	(705) 461-9561
After Hours Crisis Support .....	.....1-800-721-0077
WARM LINE.....	.....1-866-856-9276

# STEPPING STONES

February 2026



413th Edition

Hello February



# Club 90



February 13, 2026

at 3pm

Please call 705-848-2879 or come down to Club 90 to sign up!

OPP Officer Phil Young, will be at Club 90 on **Wednesday February 11th at 1:30pm**

He will be presenting and talking about currently Scam that are going around, from texts, emails, phone calls and even from banks.

### How do you spot a PHISHING TEXT MESSAGE?

<p>1 (855) 919-2929</p> <p>LNB Alerts: Activities on your account appear unusual. Click <a href="https://www.liberty-national-bank-account.com">https://www.liberty-national-bank-account.com</a> to secure your account.</p> <p>1</p> <p>It asks you to click unusual links</p>	<p>20733</p> <p>Liberty National Bank: Your bank card ending x3659 is disabled. Please confirm your details below: <a href="https://www.libertynational-verify.com">https://www.libertynational-verify.com</a></p> <p>2</p> <p>It asks you to verify personal information</p>	<p>12852-24</p> <p>URGENT! Your bank account has been temporarily locked. To restore, you must visit <a href="https://lbn-verify-acct.com">https://lbn-verify-acct.com</a>. Failure to do so may result in account closure.</p> <p>3</p> <p>It uses high pressure language</p>
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### Signs of a Scam



Professes love quickly. Claims to be from the U.S., but is overseas for business or military service.



Asks for money, and lures you off the dating site.



Claims to need money — for emergencies, hospital bills, or travel. Plans to visit, but can't because of an emergency.



## East Algoma Connects

Local resources at your fingertips

Did you know that we have a great resource at our fingertips that can help you find the services that we offer in Elliot Lake and surrounding communities? Whether you're looking for addictions services, mental health services or more, this info bank will have you pinpoint the service closest to you in an instant! The various petals offer you information on where to get food, go for education, health care and what helplines to access. Visit East Algoma Connects at [www.eastalgomaconnects.com](http://www.eastalgomaconnects.com) or download our app for free on your cellphone! You can also call our information referral line at (705) 848-2109.



Available on:



Ontario Works and ODSP will be here on

**Tuesday February 17th until 3pm**

**Need help with dental, medical  
aids or general questions**



ONTARIO WORKS & O.D.S.P.



*Alice, Candice, Lawrence,  
James, Stacey, Cathy, Ricky, Sa-  
rah, Roy, David, Mark, Chantal*

  
City of / Ville d'  
**Elliot Lake**  
is proud to support  
Stepping Stones and  
the members of  
Club 90

[www.Elliotlake.ca](http://www.Elliotlake.ca)  
705-848-2287



[fb.com/cityelliotlake](https://fb.com/cityelliotlake)



# DUNGEONS & DRAGONS

Fridays from 11 a.m. to 2 p.m.



Are you looking to be more social, unplug from electronics and interact with people, all while simulating your mind and laughing... then D&D is calling your name.

Don't know how to play?...no worries we will teach you, and you make new friends while doing so!



ELF GNOME HALF ORC DWARF HUMAN HALFLING HALF ELF

*This disclaimer informs readers that the views, thoughts, and opinions expressed in Stepping Stones belong solely to the author, and not necessarily reflect Club 90's and/or North Shore Community Support Services, Inc. opinion.*

Stepping Stones, 10 Paris Drive, Unit 6, Elliot Lake, ON, P5A 2L9 Tel: 705-848-2879

## Monthly Presentations

The Counselling Centre of East Algoma will be joining us at Club 90 on the following days for presentations @ 1:30pm

February 12th on Goal Setting

February 25th on Anxiety Coping Skills

February 26th on Healthy Communication



**ELNOS**  
*Your Partner in Business*

New Business? Looking to Expand Operations? Need support for a Community Event? Let ELNOS partner with you!

### Who we are?

ELNOS is a not-for-profit organization created as a result of the mine closures in the early 90s to stimulate economic growth through new business development, business expansion or diversification, and investment in the region.

ELNOS serves business in our 5 communities:  
Blind River, Elliot Lake, Serpent River First Nations, Spanish and Township of the North Shore.

### How Can We Help You?


ELNOS can provide business counselling and finance options to help you develop and grow your business. We understand the common problems experienced by growing businesses, but also the unique challenges faced in the region.

ELNOS can provide various loan and investment options for your business. We can also provide financial and administrative support for various community events.

For more information, visit our website at  
[www.elnos.com](http://www.elnos.com)


31 Nova Scotia Walk, Suite 306  
Elliot Lake, ON P5A 1Y9  
705-848-0229/1-800-256-7299

Elliot Lake and Area Rod and Gun Club is hosting a  
**FREE Ice Fishing Social!!**



**When: Monday February 16. 11am-3pm**  
**Where: Dunlop Lake** (in a designated cordoned off selected area accessed via Hwy 108 Boat Launch)  
**Cost: Free**  
 \* Signed waiver required.  
 \* Hotdogs and Hot Chocolate supplied while supplies last.  
**Come on out - enjoy the day. Learn to fish!**  
 Rods, reels and lures available for beginners.  
 No licence or skills required!

**Prize??**  
**The best**  
**"Bragging rights**  
**EVER!!!"**



Contact [info.elargc@gmail.com](mailto:info.elargc@gmail.com) for details

Take pictures of your catch, and bring  
 to Club 90 to be entered into a prize!  
 Bragging Rights and Prize what more  
 could you ask for!



NEWLY IMPROVED and

SPACIOUS LOCATION

23 Timber Rd

To those concerned about the current lack of a bus route to Timber Rd.— the city is currently finalizing their transit plans.

In the meantime, if you cannot find someone to give you a drive, please call us for guidance

705-461-3663

New email address: [ElliotFoodBank@gmail.com](mailto:ElliotFoodBank@gmail.com)



**C**lub 90 provides a safe, non-judgmental and supportive environment where people can come socialize, participate in recreational activities and develop new skills, hobbies and friendships.

Club 90 supports adults living with mental illness who are seeking a community of understanding with like-minded people who may share the similar experiences. Members, volunteers and staff grow together, learn together and play together.

# MAGIC

The Gathering®

**UNPLUG**

What are you waiting for?

Want to make new friends and be creative  
with your mind at the same time?

Wednesdays 12p.m to 3 p.m.



## Morning Glory Villa

ACCOMMODATIONS IN ELLIOT LAKE



TEXT OR CALL

**705-849-5291**

EMAIL

**morninggloryvilla35@gmail.com**

Can be Viewed  
on VRBO.com

Do you want to be your own person chef at home. Contact Ajay today to get started! iChef comes with easy step by step instructions, and all the ingredients you need to cook at home.

1. Call Ajay before Thursday's
2. Pickup your iChef from Club 90 between 12-4pm on the Friday

**iChef**



## Vision board?

Friday February 20th at 1pm

Create a picture roadmap of your goals!





STAFF  
TRAINING  
FEBRUARY  
5th

We will not  
be open that  
day.



Members will receive their **T5 tax slip** from **ODSP** by the end of February. If you have any questions about where and how to get your taxes completed and submit come talk to your mental health workers at Club 90 as will you

***Don't have a Family Doctor?***  
***Contact Elliot Lake Family Health Team***



***( above Rexall )***



## PREVENTATIVE CARE CLINIC FOR UNROSTERED PATIENTS

The Elliot Lake Family Health Team is pleased to offer preventative care services to patients who are not currently rostered with a primary care provider.

### Services include:

- Preventative health assessments
- Cancer screening
- Chronic disease management
- Prescription renewals
- Immunizations

**To book an appointment, please call:**

**705-461-8882**



Équipe santé Ontario  
Sudbury Espanola  
Manitoulin Elliot Lake  
Ontario Health Team



ÉQUIPE SANTÉ FAMILIALE  
**ELLIOT LAKE**  
FAMILY HEALTH TEAM

# WINTER

FEBRUARY 5-8 *Fest* 2026



## THURSDAY, FEBRUARY 5

**GLOW IN THE SNOW DANCE HOSTED BY ELIS ♦ COLLINS HALL**  
\$5 ENTRY FEE

Kinder from 4-5pm ♦ Grades 1-3 from 5:30-7PM ♦  
Grades 4-6 from 7:30-9PM.

## FRIDAY, FEBRUARY 6

**ELLIOT LAKE MUSEUM TRIVIA NIGHT ♦ MOOSE LODGE ♦**  
6PM - 11PM

\$80 per team of up to 8 people.

Additional info and registration at [ElliotLake.ca/Trivia](http://ElliotLake.ca/Trivia)

**GLOW IN THE DARK OUTDOOR SKATING ♦**  
**KIWANIS PARK SKATING RINK ♦ 7PM - 9PM**

Come to the rink and party with glow-in-the-dark lights, skating, music, and hot chocolate!

Food and Drinks available for sale from Full Circle Event Co.

## SATURDAY, FEBRUARY 7

**WINTERFEST BREAKFAST HOSTED BY THE MASONIC LODGE ♦**  
**8AM - 10AM ♦ HERITAGE HALL (171 SPRUCE AVENUE)**

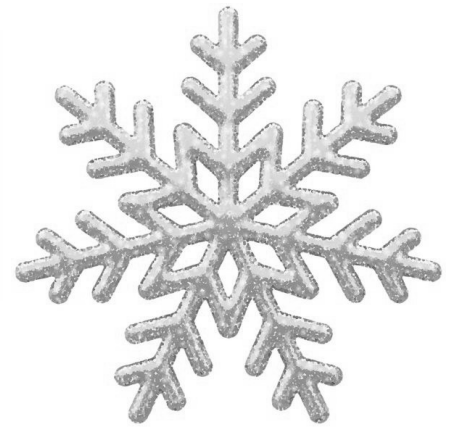
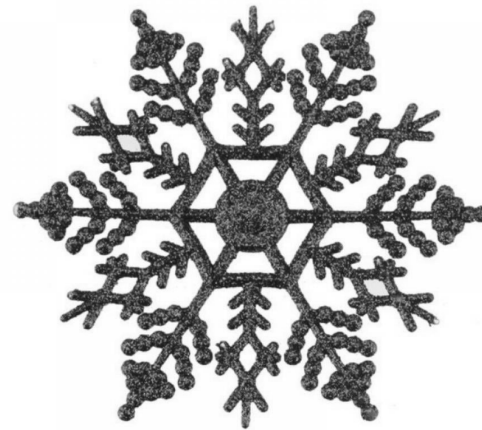
\$12 per person. Enjoy eggs, bacon, sausage, hashbrowns, tea, and coffee.

**WINTERFEST PARTY AT SPINE BEACH ♦ 12PM - 3PM**

Join us for fun, games, and a bonfire courtesy of Tex in the Trees! Participate in a Snowshoe Stroll hosted by the Coureurs de Bois. Free cross country ski and snowshoe rentals courtesy of Jack's Ski and Bike Shack. Free hot chocolate courtesy of Tim Hortons. Additional food and drinks available for sale from Full Circle Event Co.

**DROP-IN CRAFT HOSTED BY THE ELLIOT LAKE ARTS CLUB ♦**  
**ELLIOT LAKE ARTS & HERITAGE CENTRE ♦ 10AM-3PM**

All ages welcome to drop-in for a free crafting tutorial. Learn, create, and take home your hand-made craft!



## SUNDAY, FEBRUARY 8

**WINTERFEST BRUNCH HOSTED BY THE MASONIC LODGE ♦**  
**11AM - 1PM ♦ HERITAGE HALL (171 SPRUCE AVENUE)**

\$12 per person. Enjoy pancakes, scrambled eggs, sausage, tea, and coffee.

**SCIENCE NORTH EXHIBIT AND SHOWS ♦ COLLINS HALL ♦ 10AM - 3PM**

Check out cool, educational exhibits and stay for exciting science shows at 11AM and 2PM.

Food and Drinks available for sale from Full Circle Event Co.

**DRONE SHOW ♦ LAUNCHED FROM 151 ONTARIO AVE ♦ 7PM**

Enjoy an exciting, winter-themed light show with ideal views in the downtown core.

**SUNDAY SCAVENGER HUNT ♦ CITY-WIDE ♦ 11AM**

Solve clues, track down locations, and win prizes!

First clue drops on the City's Facebook and Instagram at 11AM!

