

JULY ACTIVITY CALENDAR

MON	TUE	WED	THU	FRI
			01	02
 Virtual 05			Closed for Canada Day	Free BBQ Lunch 12:15 pm and 1:15 pm (Max 25 people – Must be signed up) 
10:30 Virtual Coffee social 2:30: Ted Talk: Difference between healthy and unhealthy love	10:30 Virtual Coffee social 2:30 pm: Virtual Bingo 	3:30 pm BBQ Wednesday at Club 90 (\$ 2.50) *Must be signed up* 	10:30 Virtual Coffee social 2:30: San Diego Zoo Tour	10:30 Virtual Coffee social 2:30 guided meditation 
Virtual 12	Virtual 13	Virtual 14	CAMP THOMPSON 15	iChef Delivery 16
10:30 Virtual Coffee social 2:30 show & tell	10:30 Virtual Coffee social 2:30 pm: Virtual Bingo 	3:30 pm BBQ Wednesday at Club 90 (\$ 2.50) *Must be signed up* 		10:30 Virtual Coffee social 2:30 Scavenger Hunt
Virtual 19	Virtual 20	21	22	23
10:30 Virtual Coffee social 2:30 Preparing for stage 3 opening	10:30 Virtual Coffee social 2:30 pm: Virtual Bingo 	*Expected to reopen* 	10:30 Flyer Day: Come down to shop the sales and create your weekly shopping list 2:30: iChef meal prep	10:30: Headspace: <i>How to let go</i> 2:30: Outdoor bean Bag Toss 
26	27	28	29	30
10:30: Goal planning for the summer 2:30 Mind Matters Trivia	10:30 Creative writing <i>If I knew then, what I know now</i> 2:30 Bingo 	Stepping Stones Production Day 	10:30 Flyer Day: Come down to shop the sales and create your weekly shopping list 2:30: iChef meal prep	10:30: Cupcake baking 2:30: HAPPY BIRTHDAY Celebrating everyone born in July!