

March 2023 Club 90 Meal Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>* Starting March 1st you have until 12 Noon to call to sign up for Supper.</p> <p>*Supper will <u>only</u> be served at <u>3:30 pm</u>.</p> <p><u>Meal Planning Team Meeting :</u></p> <p>Every Monday @ 1PM</p>		1 	2 Free Lunch Noon	3 
		<p>Chef Laurent's</p> <p>Barley Soup</p> 	<p>Broccoli/ Cauliflower Salad</p> 	<p>Chef Chester's</p> <p>Meatloaf</p>  <p>Bacon - Broccoli KD</p>
6 	7 Free Lunch Noon	8 	9 Free Lunch Noon	10 
<p>Pork Egg Roll Stir Fry</p> 	<p>Meatball Sub and Salad</p> 	<p>Chef Victor's</p> <p>Potato Stir Fry</p> 	<p>Tuna Melts with Veggie Sticks</p> 	<p>Chef Chester's</p> <p>Chili</p>  <p>Broccoli Ramen Slaw With Chicken</p>
13 	14 Free Lunch Noon	15 	16 Free Lunch Noon	17 St Patrick's Day
<p>Meat Pie & Fries And Gravy</p> 	<p>Cheesy Scalloped Potatoes and Chicken</p> 	<p>Chef Denise's</p> <p>Pasta Surprise!</p> 	<p>Cold Plate</p> 	<p>St. Patrick's Day Dinner @ 2:30</p>  <p>Please call to sign up</p> <p>705-848-2879</p>
20 	21 Free Lunch Noon	22 	23 Free Lunch Noon	24 
<p>Chicken Burgers with Sweet Potatoes' Fries</p> 	<p>Honey Garlic Chicken with Rice</p> 	<p>Chef Laurent</p> <p>Lasagna and Garlic Bread</p> 	<p>Creamy Mac & Cheese Chicken Soup</p> 	<p>Chef Chester's</p> <p>Fish& Chips and Coleslaw</p>  <p>Ground Pork Pasta</p>
27 	28 Free Lunch Noon	29 	30 Free Lunch Noon	31 
<p>Waffles and Scrambled Eggs</p> 	<p>Beef Stew with fresh Bun</p> 	<p>Chef Reih</p> <p>Chicken Shepperd's Pie</p> 	<p>Parmesan Garlic Linguine</p> 	<p>Chef Chester's</p> <p>Pork Fried Rice</p>  <p>Creamy Tomato Parmesan Soup</p>

CLUB 90 MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
<p>Every Monday at 1pm we invite all Members to take part in planning the meals and helping put the Meal calendar together.</p> <p>Every Wednesday at 2pm we invite all members to join our Stepping Stones committee. We want to hear what you would like to see in your newsletter.</p> <p>Every Friday, IChef. RSVP 705-848-2879</p>		<p>Stepping Stone Meeting @ 2pm</p> 	<p>Jam Session</p> <div> <p>St. Patrick's Day card making with Leslie & Charlotte @1pm</p> </div>	<p>Information Session on our Hydroponic project @1pm</p> 
6	7	8	9	10
<p>Craft Day</p> 	<p>Bingo!! @ 1pm</p> 	<p>International Women's Day</p> <div> <p>BOUNCE BACK</p> <p>Webinar @ 11am</p> <p>RSVP 705-848-2879</p> </div>	<p>Jam Session</p> 	<p>Let's decorate for St. Patrick's Day</p> 
13	14	15	16	17
<p>Nintendo Switch Day</p> <p>Come to Club 90 And play against the workers. If you dare</p> 	<p>Clean up day for St. Patrick's Day @ Club 90</p> 	<p>BREAD MAKING FOR ST PATRICK'S DAY @ 11AM</p> 	<p>Jam Session</p> 	<p>St. Patrick's Day Dinner @ 2:30pm</p> <p>Ken Meeking playing the bagpipes</p>
20	21	22	23	24
<p>Presentation By</p> <div> <p>Literacy Council coming to teach Basic Computer Skills @1pm</p> <p>By Mona & Diane</p> </div>	<p>WORLD POETRY DAY</p> <p>Present poems you like or have written. @ 1pm</p> <p>Reading by Melanie</p> 	<p>Let's make Cake Pops with Melanie</p>  <p>RSVP 705-848-2879</p>	<p>Jam Session</p> 	<p>CHAIR YOGA</p>  <p>@ 2PM WITH PATRICK</p> <p>RSVP 705-848-2879</p>
27	28	29	30	31
<p>Decorate our tree with Easter decorations!</p> 	<p>Let's play cards!</p> 	<p>Basic Conflict Resolution by Melanie @ 2pm</p> 	<p>Jam Session</p> <div> <p>Easter Card making with Leslie & Charlotte @ 1pm</p> </div>	<p>MOVIE & POPCORN DAY</p> 

