



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
03	04	05	06	07	
Monthly Self Care	Come play Chess	pool tournament	Journaling at 11am	Positive Pot of	
Bingo take home	all day!!	starts at 1pm	Get ready for Tax	Gold jar & make	
Self Care Bingo			time 1pm	gnomes	
Sem Care Diligo		0 0		A	
Left work at a reasonable time out out out out out out out out out out		POOL	TAX TIME		
		TOURNAMENT	IRA TUM		
Weskind to streak then been hand on myself myself me streak then something me something then	Meditation @ 3pm				
10	11	12	13	14	
DANCE PARTY	Come Dlay Chase	no ol tournomont	lournaling at 11 am	Daint and Sin @	
DANCE PARTY	Come Play Chess all Day !!	pool tournament starts at 1pm	Journaling at 11am	Paint and Sip @ 1pm	
Suggest your favo		Starts at Tpin	round table social		
rite song			get to know others	No series	
Delaco			1pm Coffee		
Dance		POOL	Soci/9/S		
	Meditation @ 3pm				
17	18	19	20	21	
Dinner at 1pm and	Come Play Chess		Journaling at 11am	GAMES DAY!!!	
3pm sign up today	all Day !!	Lip Sync Battle		Bean Bag Baseball,	
opinioign ap today		starting at 1pm let	round table social	Karaoke, and	
HAPPY	yean 📥	staff know what	1pm	,	
Prove and a second	*	song	SociAls		
St. Will K			Hela	BIUGO	
DAY		TOURNAMENT	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1		
Wear your GREEN	Meditation @ 3pm	20	07	28	
24	25	26	27	20	
Happy Vision	Come Play Chess	Purple Shirt Day	Journaling at 11am	Blog Writing 101	
Boards	all Day !!	for Epilepsy	_	Express yourself	
See 1997 1998			round table social	through blogs	
ugy 34 - Janis factor and an	entin 🐣		1pm	Show case in	
MY HAPPY			Coffee	Stepping Stones	
BOARD		POOL		A and a second second second second second	
		TOURNAMENT	a a k * *	BLOG	
sal une sty a syn	Meditation @ 3pm				
31					
CDAET DAV		If you do not like the scheduled activity,			
CRAFT DAY					
Diamond Art,		please still come to the Club anyhow, as there is always something fun to do for everyone!!			
Coaster & Keychains					

		2025	:	\sim	
Monday 3	Tuesday 4 Free Lunch	Wednesday	Thursday 6 Free Lunch	Friday 7 I- CHEF	
Supper: Quiche	Supper: Tuna Casserole	Supper: Pineapple Chicken	Supper: Egg rolls with Fried Rice with Ivan	Supper: Creamy Chicken fajitas Pasta	
		Thighs by Mike P.			
10	11 Free Lunch	12	13 Free Lunch	14 I- CHEF	
Supper: Big Mac Wrap by Erica	Supper: Cabbage Rolls by Erica	Supper: Pizza Day	Supper: Pot Sticker Soup by Melanie	Supper: Cold plate	
17	18 Free Lunch	19	20 Free Lunch	21 I- CHEF	
Saint * 93	Supper:	Supper: Italian Meat balls	Supper: Stir Fry my Moe	Supper: Chicken Burgers	
March 1710 March 1710	Leftovers	with Rice			
24	25 Free Lunch	26	27 Free Lunch	28 I-CHEF	
Supper: Shake and Bake Chicken	Supper: Cottage pie and soda bread by Deborah	Supper: Chicken Ranch Wraps by Erica	Supper: Lasagna by Ivan	Supper: Fish and Chips	
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Supper: Chili by Chris	Make sure to sign up for the I-chef meal on Wednesday. If any member wants to cook in the month of April, give their name to AJ by 21st March. There are two sittings for the St. Patrick's Day Dinner on the 17th of March, one at 1 PM and the other at 3 PM, so make sure to sign up for the dinner by 13th March.				