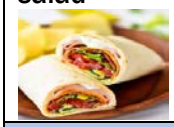
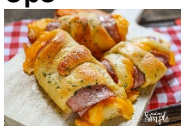
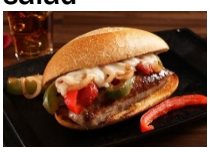
May 2023 Club 90 Meals

Monday	Tuesday	Wednesday	Thursday	Friday
1 **Supper**: Turkey Ranch Club Wraps with salad 	**2 Surprise Lunch** **Supper**: Chinese Chicken Salad with Croissant. 	**3** **Supper**: Spaghetti with meat sauce 	**4** Mental Health Event: Club 90 at Collins Hall for the day to showcase who and what we are. Have lunch at the BBQ Fundraiser between 11am to 3pm	**5** **Supper**: Cold Plate iChef No ICHEF Today
8 **Supper**: Taco Salad 	**9 Surprise Lunch** **Supper**: Fish and Chips 	**10** Supper: Hawaiiian Chicken Skewers 	**11 Surprise Lunch** **Supper**: Ham and Cheddar Crescent Roll Ups 	**12** **Supper**: Club 90 BBQ @ 3pm iChef Stuffed Peppers
15 **Supper**: Toasted BLT with fries 	**16 Surprise Lunch** **Supper**: Chili 	**17** **Supper**: Mini Big Mac Cheeseburgers 	**18 Surprise Lunch** **Supper**: Kelly's Homemade Soup KELLY'S KITCHEN MAKING COOKING FUN!	**19** **Supper**: Club 90 BBQ @ 3pm iChef Chicken Fajitas
22 Celebrate Victoria Day!! See your tomorrow! Victoria Day	**23 Surprise Lunch** **Supper**: Cold Plate 	**24** **Supper**: Bacon Mac and Cheese 	**25 Surprise Lunch** **Supper**: Make your own pizzas 	**26** **Supper**: Club 90 BBQ @ 3pm iChef NAAN Bread Pepperoni Pizza
29	**Surprise Lunch 30** **Supper**: Poutine 	**31** **Supper**: Sausage on a bun with salad 		

Tidbit Corner

- Mental Health Event: Club 90 at Collins Hall for the day to showcase who and what we are. Have lunch at the BBQ Fundraiser between 11am to 3pm
- Remember: BBQs at Club 90 every Friday @ 3pm....tis the season ☺

MAY 2023 CLUB 90

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**2**	**3**	**4**	**5**
Learn about Structural Stigma. Webinar @ 1 pm	Learn about Mindfulness Meditation @ 1 PM	The Men of Song at 1:30pm. Come and enjoy the music and sing along.	Collins Hall for Event: Club 90 will showcase who and what we are. Also, BBQ Fundraiser between 11 a.m. to 3 p.m. See you there!	Conflict Resolution @ 1 pm.
8	**9**	**10**	**11**	**12**
Come and play pool	Game Day	ODSP Q&A 1PM TO 2:30 PM @ CLUB 90	Jam Session	Bring in a picture of your favorite animal and tell Melanie why.
15	**16**	**17**	**18**	**19**
Handprint Paper Lilies Craft at 1 pm	Coffee Filter Butterflies @ 1 pm	PAJAMA DAY	Jam Session	Movie Day at Club 90 @ 1 pm
22	**23**	**24**	**25**	**26**
Celebrate Victoria Day. See you tomorrow	Card Day	Yes You Can Employment Consulting @ 1pm With Renee & Trina	Jam Session	FISH BOWL MAKING AND GET YOUR OWN FISH @ 1 PM
29	**30**	**31**		
Let's make paper airplanes and fly them.	Bingo at Club 90	Clean up Day at Club 90		

Reminder: Please call in to sign up for Activities and Dinners 705-848-2879

May 4th Club 90 will be at Collins Hall all day. BBQ starts at 11 am. Hope to see you there!

May 22nd we're closed due to it being Victoria Day