

Community Supports

Community Supports	Phone Number
Algoma Family Services	(705) 848 -0709
Algoma Public Health (APH)	(705) 848 -2314
Psychiatric Case Manager (CMHA)	(705) 849-4115
Alcoholics Anonymous (AA)	(705) 461-3150
Al Anon Family Group	1-888-425--2666
Consumer/Survivor Initiative Elliot Lake (Beehive)	(705) 461-3912
Camillus Centre	(705) 848 -7182
Centre Victoria pour Femmes	(705) 461-6120
City of Elliot Lake	(705) 848 -2287
Christian Horizons	(705) 789 -1725
Community Living Algoma (CLA)	(705) 848 -2475
Counselling Centre of East Algoma	(705) 848 -2585
HSN mental health Counselling and Treatment Ser-	(705) 848 -9131
Elliot Lake Emergency Food Bank	(705) 461-3663
Elliot Lake Family Health Team	(705) 461-8882
St. Joseph's General Hospital Elliot Lake	(705) 848-7181
Larry's Place (Men's Shelter)	(705) 989-5600
March of Dimes	(705) 848-4840
Maplegate House for Women	(705) 461-9868
Elliot Lake & North Shore Community Legal Clinic	(705) 461-3935
North Channel Literacy Council	(705) 578-3200
Non-Emergency OPP	(705) 848-6975
Oaks Centre (Detox)	(705) 848 -2129
ODSP	(705) 253-2001
Salvation Army	(705) 848-2417
Suicide Crisis Helpline	9-8-8
Supportive Independent Living	(705) 461-9561
After Hours Crisis Support	1-800-721-0077
WARM LINE.....	1-866-856-9276

STEPPING STONES

November 2025

Club 90

410th Edition





Do you want to be your own person chef at home. Contact Ajay today to get started! iChef comes with easy step by step instructions, and all the ingredients you need to cook at home.

1. Call Ajay before Thursday's
1. Pickup your iChef from Club 90 between 12-4pm on the Friday



iChef is not just a meal, it helps members learn how to cook, take the guess work out of cooking. Here are what some of the members think about iChef program.

So what are you waiting for sign up weekly to start your new iChef experience at home :)

"iChef is more affordable then going to the grocery store to buy all the ingredients"

"iChef has helped me learn to cook at home"

"iChef makes me feel like a chef in my own home"

"With iChef it takes all the guessing out of cooking"

Annual 2025

Elliot Lake Fire Services

Christmas Food Drive

35th Anniversary



Saturday, December 6th
From 10am to 12pm
Door-to-Door in Elliot Lake!

The Food Drive will be door-to-door this year!

Please have your donations ready between 10 and Noon for our volunteers to pick up.

Volunteers will gather at the Elliot Lake Fire Department (55 Hillside Drive North) at 9:15am to be assigned a route.



East Algoma Connects

Local resources at your fingertips

Did you know that we have a great resource at our fingertips that can help you find the services that we offer in Elliot Lake and surrounding communities? Whether you're looking for addictions services, mental health services or more, this info bank will have you pinpoint the service closest to you in an instant! The various petals offer you information on where to get food, go for education, health care and what helplines to access. Visit East Algoma Connects at www.eastalgomaconnects.com or download our app for free on your cellphone! You can also call our information referral line at (705) 848-2109.



Available on:



If you do not have a family physician, please call:

Health Care Connect

1-800-445-1822

If a new physician comes to Elliot Lake - they will take patients from this list first.



*Tracy, Deborah, Guy, Heather,
Stephen, Cheryl, Chris, Bill,
Michael, Chris, Patrick*


City of / Ville d'
Elliot Lake
is proud to support
Stepping Stones and
the members of
Club 90

www.Elliotlake.ca

705-848-2287



Find us on
Facebook

fb.com/cityelliotlake

DUNGEONS & DRAGONS®



Back by popular demand. D & D everyone's favorite game is back with DM Erica in the house!
Come join us every Friday 11am to 2pm!!



This disclaimer informs readers that the views, thoughts, and opinions expressed in Stepping Stones belong solely to the author, and not necessarily reflect Club 90's and/or North Shore Community Support Services, Inc. opinion.

Stepping Stones, 10 Paris Drive, Unit 6, Elliot Lake, ON, P5A 2L9 Tel: 705-848-2879

Monthly Presentations

The Counselling Centre of East Algoma will be joining us at Club 90 on the following days for presentations @ 1:30pm

November 13th on Building Resilience

November 19th on Ryan a counselor about services

November 27th on Digital Violence Awareness



ELNOS

Your Partner in Business

New Business? Looking to Expand Operations? Need support for a Community Event? Let ELNOS partner with you!

Who we are?

ELNOS is a not-for-profit organization created as a result of the mine closures in the early 90s to stimulate economic growth through new business development, business expansion or diversification, and investment in the region

ELNOS serves business in our 5 communities:
Blind River, Elliot Lake, Serpent River First Nations, Spanish and Township of the North Shore.

How Can We Help You?

ELNOS can provide business counselling and finance options to help you develop and grow your business. We understand the common problems experienced by growing businesses, but also the unique challenges faced in the region.

ELNOS can provide various loan and investment options for your business. We can also provide financial and administrative support for various community events.

For more information, visit our website at
www.elnos.com

31 Nova Scotia Walk, Suite 306
Elliot Lake, ON P5A 1Y9
705-848-0229/1-800-256-7299

MAGIC

The Gathering®



Magic the Gathering started at Club 90 every
Wednesday from 12pm-3pm.

You don't know how to play? Come and learn something
new and meet some great friends at the same time!

Meet Dean

A Canadian Veteran. He served 18 years and 2 of those were with Special Ops. Dean has also served in Afghanistan for 2 years.

**Come Join us at Club 90
November 11th at 1pm**

meet Dean and hear all
about the army and his war
stories.

Club 90 will be watching
ceremonies on TV prior.



NEWLY IMPROVED and

SPACIOUS LOCATION

23 Timber Rd

To those concerned about the current lack of a bus route to
Timber Rd.— the city is currently finalizing their transit plans.

In the meantime, if you cannot find someone to give you a
drive, please call us for guidance

705-461-3663

New email address: ElliotFoodBank@gmail.com



Club 90 provides a safe, non-judgmental and sup-
portive environment where people can come socialize,
participate in recreational activities and develop new
skills, hobbies and friendships.

Club 90 supports adults living with mental illness who are
seeking a community of understanding with like-minded
people who may share the similar experiences. Members, vol-
unteers and staff grow together , learn together and play to-
gether.



November 16 - 22, 2025

Tuesday November 18th @ 11am

Presentation by The Oak's Centre

Lunch & Learn about what the addictions program is all about, hear some success stories and enjoy some home-made pizza. Please call Heather or Ajay so we know how much pizza to make :)

Wednesday November 19th @ 1:30pm

Presentation by Counseling Centre of East Algoma

Discussion on what services they provide to help with any addiction you might have, not just drugs or alcohol

Thursday November 20th @ 1:30pm

Zoom chat with James from Mexico

Personal success story and what he still does 7 year later

Morning Glory Villa
ACCOMMODATIONS IN ELLIOT LAKE



TEXT OR CALL

705-849-5291

EMAIL

morninggloryvilla35@gmail.com

Can be Viewed
on VRBO.com



*Secret
Santa*

Sign up for Secret Santa before November 21st

Names will be drawn on the 21st and gifts must be dropped off on December 5th with gift exchange at the Christmas Dinner





REMEMBRANCE DAY

LEST WE FORGET

WWI was fought from 1914-1918 and ended on November 11 at 11:00am in 1918. That day became Remembrance Day. A day to remember those who fought, those who were wounded, and those who never came home while serving Canada in the name of peace.

Over 100 countries were involved in WWI, Canada was one of them. By the end of war in 1918, over 619 000 Canadians had enlisted in the Canadian Expeditionary Force, many others served elsewhere. This made up approximately 7 percent of Canada at the time. In Newfoundland, a separate country at the time, over 12 000 served from a population of just 242 000. Of those who served 66 000 would give their lives and 172 000 were wounded.

Canada would fight in 4 more wars. WWII from 1939-1945, the Korean War from 1950-1953, the Persian Gulf War from 1990-1991, and Afghanistan from 2001-2011 as well as multiple conflicts where Canada served as peacekeepers. Remembrance Day grew to include all those who fought, those who were wounded and those who never came home while serving Canada in the name of peace in all conflicts Canada has been involved in.

Written by a member:

Joseph Robert (Robbie) Brian Gibbons III



STOP VIOLENCE AGAINST WOMEN

International Day
for the Elimination
of Violence Against Women

November 25

**Jess from the Counseling Centre of East Algoma
Will be joining us at Club 90
Tuesday November 25th at 1:30pm**

**Presentation on Gender Based Violence
What it is all about and how to
recognize signs of violence**

**16 DAYS OF ACTIVISM
AGAINST GENDER-BASED
VIOLENCE**

November 25-December 10, 2024
#16Days

