



Community Contacts:



ALGOMA FAMILY SERVICE	705 848-0790
ALGOMA PUBLIC HEALTH UNIT BOB (4002) MARIE (4001)	705 848-2314
ALCOHOLICS ANONYMOUS	705 461-3150
ADSB HOUSING	1-888-326-3133 EXT231
ASSAULTED WOMEN'S HELPLINE	1-866-863-0511
CAMILIUS CENTRE	705 848-2129
CLUB 90	FAX 848-3752 TEL 705 848-2879
COMMUNITY ALCOHOL/DRUG ASSESSMENT	705 848-2314
COMMUNITY LIVING ALGOMA	705 848-2475
CONSUMER SURVIVOR INITIATIVE (BEEHIVE)	705 461-3912
EAST ALGOMA MENTAL HEALTH CLINIC	705 848-9131
ELLIOT LAKE FAMILY HEALTH TEAM	705 461-8882
COUNSELLING CENTRE OF EAST ALGOMA	705 848-2585
ELLIOT LAKE FOOD BANK	705 461-3663
HOSPITAL	705 848-7181
LEGAL CLINIC	705 461-3935
MARCH OF DIMES	705 848 4840
MOBILE CRISIS RESPONSE	1-800-721-0077
NORTH CHANNEL LITERACY COUNCIL	705 848-1661
OAKS CENTRE (DETOX)	705 461-4505
ODSP (FAX 253-2090)	1-800-825-7593 EXT 0
ONTARIO WORKS (FAX 843-0482)	705 848-7153
SUPPORTIVE INDEPENDENT LIVING (SIL)	705 461-9561
WOODLAND MÉTIS ASSOCIATION	705 848-0276
WOMEN'S CRISIS CENTRE (MAPLEGATE)	705 461-9868
ST VINCENT DE PAUL THRIFT STORE	705 461-1355
NON EMERGENCY OPP NUMBER	1-888-310-1122
CITY OF ELLIOT LAKE	705 848-2287 (PRESS 0)
ST-JOSEPH HOSPITAL	705-848-7181

Club 90



Stepping Stones



RIDES AVAILABLE

IN ELLIOT LAKE
OR
TO SUDBURY
OR
SAULT STE MARIE
(will travel to other locations)

CALL MIKE
705-848-7326



We are here to help!

Michael Mantha
MPP/député Algoma-Manitoulin
705-461-9710

Coffee

Teas

Italian Soda Pop

Treats

Sandwiches

Soups

Salads

Coupon

Kathy's Brew Haha!

Bring in this Coupon to receive a
HALF PRICE soup or side salad
with your sandwich purchase for the
month of **September!!**

126 Ontario Avenue , Elliot Lake, Ontario, P5A 1Y2
705-261 1625 kathysbrewhaha@gmail.com
Find us on Facebooks: Kathy's Brew Haha!

ITTECHYGUY
For All Your Technical Needs

ANDRE VIAU
Owner

ittechyguy@gmail.com
ittechyguy.ca
37 Algom Rd
Elliot Lake

(705)261-1223

The Photo Lab



Camp Thompson

Pictured here are photos from Camp Thompson, Taken during our 3 day camping trip. While at camp we were able to enjoy the beautiful scenery of the lake , play Volley ball, horseshoes, we also were able to have a fire each night where we roasted marshmallows and made smores. Even the rain our last day didn't put a damper on anyone's spirits as we played board and card games to pass the time.

Thank you to Camp Thompson for having us once again.

Affordable Access Card

***Need a cheaper solution to your bus pass needs?
You may qualify!***

You will need your notice of assessment, or 2016 income tax statement, proof of address and photo ID.

The Affordable access card allows you to have reduced rates for a bus pass and other city services.

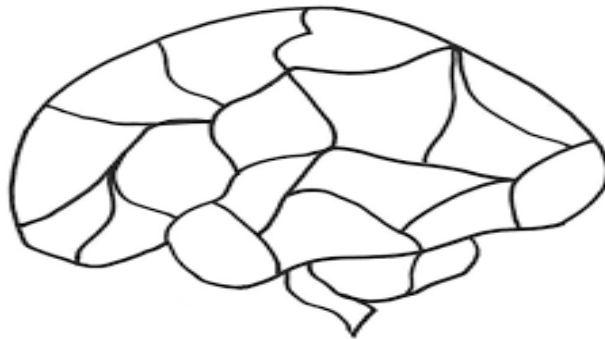
Call and book an appointment at:
705-848-2287 EXT:2120





Map of my head:

Lots of thoughts and worries go through your head everyday. Use the Brain Map to show what is on your mind. You can show your worries, your joys, people you love, anything that is in your mind.



Elliot Lake Key-Lime Pie

INGREDIENTS

- 1 Cup of 35% Cream -Whipped
- 1 Tbsp. Sugar
- 1/2 Cup of 18% Cream
- 20 Large Marshmallows
- 1 Tbsp. Vanilla
- Juice from 2 limes
- Lime Rime
- 4 Drops of green food colouring
- Cookie Crumb Pie Shell



Directions

- Whip the cream up—let it sit in the fridge
- Sauce pan-medium Size
- Melt down marshmallows until smooth
- Add Vanilla
- Squeeze the 2 limes for juice
- Scrape Lime Rime into mixture
- Add Green Food Colouring
- Stir until it turns green in colour
- Put Whip Cream in sauce pan, stir until well mixed then pour the mixture into pie shell.
- Place the finished pie into the fridge for 16-24 hours.

Courtesy of: Scott M.

September

September is the ninth month of the year in the Julian and Gregorian calendars and the third month to have the length of 30 days. It is also the month with the longest name with nine letters.[1]

September in the Northern Hemisphere is the seasonal equivalent of March in the Southern Hemisphere. In the Northern hemisphere, the beginning of the meteorological autumn is on 1 September. In the Southern hemisphere, the beginning of the meteorological spring is on 1 September.[2]

September marks the beginning of the ecclesiastical year in the Eastern Orthodox Church. It is the start of the academic year in many countries, in which children go back to school after the summer break, sometimes on the first day of the month.

Ancient Roman observances for September include Ludi Romani, originally celebrated from September 12 to September 14, later extended to September 5 to September 19. In the last 1st century BC, an extra day was added in honor of the deified Julius Caesar on 4 September. Ludi Triumphales was held from September 18–22. The Septimontium was celebrated in September, and on December 11 on later calendars. These dates do not correspond to the modern Gregorian calendar. In 1752, the British Empire adopted the Gregorian calendar. In the British Empire that year, September 2 was immediately followed by September 14.

September was called "harvest month" in Charlemagne's calendar.

[4] September corresponds partly to the Fructidor and partly to the Vendémiaire of the first French republic.[4] On Usenet, it is said that September 1993 (Eternal September) never ended. September is called Herbstmonat, harvest month, in Switzerland.[4] The Anglo-Saxons called the month Gerstmonath, barley month, that crop being then usually harvested.[4]

September's birthstone is the sapphire.

The birth flowers for September are the forget-me-not, morning glory and aster.[5]

The zodiac signs for the month of September are Virgo and Libra whose end and start are related to equinox date (usually 22 or 23 September).

Excerpt from : <https://en.wikipedia.org/wiki/September>



Keep the Mind Busy !

			6	3	2	9		5
			8	1	5		6	
1								2
		9	4	6	8	7		2
		2				8		
4		7	2	9	3	6		
	9							4
	7		3	2	4			
2		4	9	8	1			

<http://www.websudoku.com/?level=1>

A woman is sitting in her hotel room when there is a knock at the door. She opened the door to see a man whom she had never seen before. He said "oh I'm sorry, I have made a mistake, I thought this was my room." He then went down the corridor and in the elevator. The woman went back into her room and phoned security. What made the woman so suspicious of the man?

You don't knock on your own hotel door and the man did.

<http://www.doriddles.com/riddle-672#show>



Who we are:

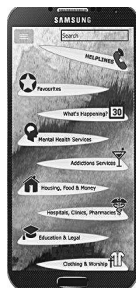
NORTH SHORE COMMUNITY SUPPORT SERVICES, INC. provides community support services and activities to people living with mental health issues.



NORTH SHORE COMMUNITY SUPPORT SERVICES, INC. fournit des services d'assistance communautaires et des activités aux gens vivant avec des questions de santé mentale.



**Come and see us...
Monday to Friday
9:00 am to 5:00 pm**



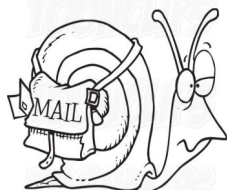
East-Algoma Connects is a free app created to help people find Addictions and Mental Health Services with ease.

Touch Base with us..



www.facebook.com/nscss.club90
http://www.nscss.com/

Snail Mail Us at...
1 Newfoundland Walk
Elliot Lake, ON
P5A 1Z5
Phone: (705) 848-2879
Fax: (705) 848-3752



Things you can take part in: 14

- **Arts on the Trail Festival, September 30th, 9am-5pm**
Venues including: Lester B. Pearson Civic Centre, Collins Hall, and Camp Thompson
Artists Including: The Bag Ladies, The Elliot Lake Weavers, JoAnne Nicholls, Kim McHale, Paula Walsh And Many More..
For More information Please Call:
(705)848-2287 Ext: 2400



**Club 90 — Free Survivors Breakfast
Presentation on— Values and Choices
September 15th, 2017**

Club 90 Members Daily Dinner at 4:00pm

Please call in by 1:00 pm for your dinner for \$2.00 reservation: 705-848-2879



Membership Council Meeting:

When: September 28th, 2017
Where: Club 90
Time: 3:00pm

Club 90 Closed on...
September 4th: Labour Day



Solutions?!

We welcome your

Solutions and Questions!

Anyone can have suggestions, lets come up with Solutions!

This is your Club and we want to hear what you feel would be beneficial to maintain or improve Club 90. Submit your questions or ideas to NSCSS Club 90 staff.

Or Email: Supportmh@nscss.com



Squigly's Brain Teaser Riddle:

You are running in a street marathon and you overtake the person in 2nd place. What place are you now?

<http://www.squiglyplayhouse.com/BrainTeasers/>

Answer: 2nd

Disclaimer

All articles reflect the opinions of the authors and are not necessarily shared by all the

members of Club 90

Nor are they

necessarily

reflective of the

viewpoints of

North Shore Community

Support Services, INC.

Advertise in our Monthly newsletter at very reasonable rates.

For more

info. Please feel free to Contact Us

(705) 848-2879

mhsupport@nscss.com

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Local Health Integration Network

Réseau local d'intégration des services de santé

Save on your energy bills with the Home Assistance Program!



As energy prices rise, people are looking for ways to save on their hydro bill. The Home Assistance Program can help to reduce individual and families energy burden by reducing the amount of energy they consume. Based on the results of a free home energy assessment, the Home Assistance Program can replace old and inefficient equipment with new equipment that uses less energy. The free upgrades that are available include new energy efficient LED light bulbs, ENERGY STAR appliances (eg. refrigerator, freezer, dehumidifier, and window air conditioner), insulation and more. The program and all upgrades included are completely free.

There are two ways to qualify - annual household income, or being a recipient of an approved social benefit program. The program is completely funded by the IESO and is being offered by electric utilities across the province. Green-Saver, Ontario's oldest energy efficiency non-profit organization, is administering the program on behalf of Hydro One in the Elliot Lake area.

For more information on the Home Assistance Program, please visit our website at <http://www.greensaver.org/homeassistance> or call 1.855.591.0877

See Sam or Kyle at Club 90 for applications and/or any assistance.

7 Historical Events in September

1, 1939-Hitler invaded Poland; thus began World War II in Europe

1875-Birth of Edgar Rice Burroughs (1875-1950), author of Tarzan of the Apes

2, 1666-Great Fire of London

1945-President Truman proclaims V-J Day upon the surrender of the Japanese

3, 1783-Treaty of Paris signed that ended the American Revolutionary War

4, 1781-City of Los Angeles founded by Spanish Governor Felipe de Neve

5-6, 1972-Eleven members of the Israeli Olympic Team were killed during an attack on the Olympic Village in Munich by members of the Black September faction of the Palestinian Liberation Army.

5, 1997-Death of Nobel Peace Prize winner and advocate for the poor, Mother Teresa of Calcutta

8, 1900-The worst weather disaster in U.S. history: a hurricane with winds of 120 mph struck Galveston, Texas, killing over 8,000 persons.

9, 1776-The U.S.A. came into existence as the Continental Congress changed the name of the new American nation from the United Colonies to the United States.

11, 2001-The worst terrorist attack in U.S. history.

12, 1990-Treaty was signed to reunite East and West Germany

14, 1901-Eight days after being shot, President William McKinley died from wounds suffered during an assassination attempt. Theodore Roosevelt then took over the presidency.

1982-Former actress, American born Princess Grace of Monaco died following a car accident.

16, 1620-The Mayflower ship departed from Plymouth, England, bound for America with 102 passengers and a small crew.

19, 1893-New Zealand became the first country to grant women the right to vote.

28, 1542-Spanish discovery of California by Cabrillo

https://edhelper.com/September_Analogies_Timeline.htm



Review's by Shawn

12

A New Horror Classic!

Movie: 31

Rob Zombie has always been a personal favorite filmmaker of mine. His music is awesome, too, so when I saw this title in my local video shop, I knew I had to have it in my collection. 31 is an all - new take on at least 3 different horror movies - the original TEXAS CHAINSAW MASSACE, HOS-TEL with a smidge of HALLOWEEN. The movie begins in what must be Texas, on October 31, 1976. A van of hippies (a la TEXAS CHAINSAW) is driving down a desolate road. They end up at a gas station, encounter odd characters (Lucky Leo is one of these) and before you can say "I know where this is going" Halloween night has fallen and creepy scarecrows are put up in the middle of the road.

The hippies are attacked by perverse clowns, some killed while five of them are kidnapped and brought to a strange, underground lair where they meet more demented clowns dressed like Beethoven and led by the sinister Father Murder (played by the iconic Malcolm McDowell of A CLOCKWORK ORANGE and HALLOWEEN 2007, HALLOWEEN II 2009.) Odds and bets are placed, and a sadistic game of survival, called 31, is underway. The group of five must compete in all - out kill or be killed combat (inspired by THE RUNNING MAN) against killer clowns, known as "Heads", whose names we won't mention here.

There is only one goal of 31 - survive. Survive 12 hours of Hell on the most evil night of the year. The sadistic Father Murder and his cohorts are Satanists who want the ancient, original purpose of SAMHAIN to continue into our past, present and possible future. Has anybody EVER survived 31? CAN anybody survive? And if so, what will be left...? This new version of horror staples is one of the best movies by Zombie, and is a MUST for EVERY fan of the horror genre!



Word Search Fun

September Words

R	R	S	S	D	L	M	R	D	R	E	E	D	I	AUTUMN
W	O	L	L	E	Y	A	T	E	A	C	H	E	R	LEAVES
U	S	C	L	V	S	U	B	N	E	A	M	R	A	SCHOOL
G	C	B	U	N	K	O	C	O	D	S	A	R	D	LABOUR DAY
R	H	S	V	O	O	R	T	B	U	E	N	F	E	SWEATER
I	O	E	E	I	O	L	D	R	H	R	E	S	A	RED
V	O	V	U	T	B	U	N	O	D	I	D	R	G	ORANGE
T	L	A	E	A	O	N	M	D	I	E	O	A	S	YELLOW
C	E	E	G	C	W	H	U	N	I	I	N	G	Y	FOOTBALL
E	Y	L	N	U	R	E	I	A	E	W	S	U	S	BOOKS
D	U	D	A	D	E	T	U	S	L	I	B	R	A	HUNTING
W	E	N	R	E	N	S	A	P	P	H	I	R	E	EDUCATION
O	S	R	O	F	O	O	T	B	A	L	L	O	R	VIRGO
A	H	B	L	H	L	L	E	G	W	S	E	S	A	LIBRA
														DEER
														SAPPHIRE
														TEACHER

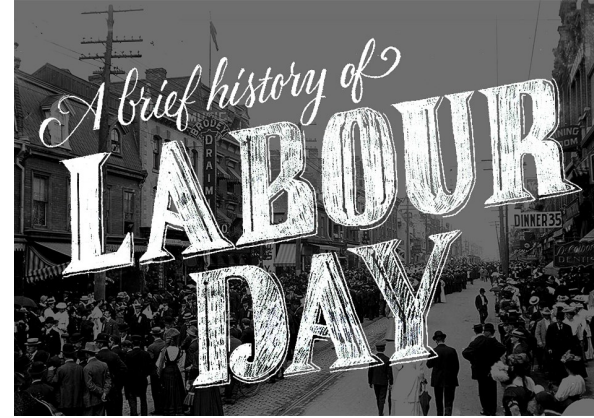
Created on thewordsearch.com



Punny of the month:



How do construction workers party? They raise the roof.



Labour day can be traced back to April 15th, 1872 when the first significant demonstration for Worker's Rights was organized by the Toronto Trades Assembly. The aim of the demonstration was to release the 24 leaders of the Toronto Typographical Union who were imprisoned for striking against nine-hour working days. During this time unions were seen as illegal and striking was seen as a criminal conspiracy to disrupt trade. The Toronto Trades Assembly encouraged workers to form trade unions, and mediate disputes between employers and employees.

The public supported this, and the authorities could no longer deny that the trade unions were playing an important role in emerging the Canadian Society. Shortly after a similar parade was formed in Ottawa which caught the attention of Sir John A MacDonalld who repealed the laws against the trade unions, which eventually led to the founding of the Canadian Labour Congress in 1883. Originally in the spring (May 1st) Labour Day was moved to the fall in 1894 while celebrated on the same day in Canada and the United States, other countries still opt to celebrate labour day on or around May 1st.

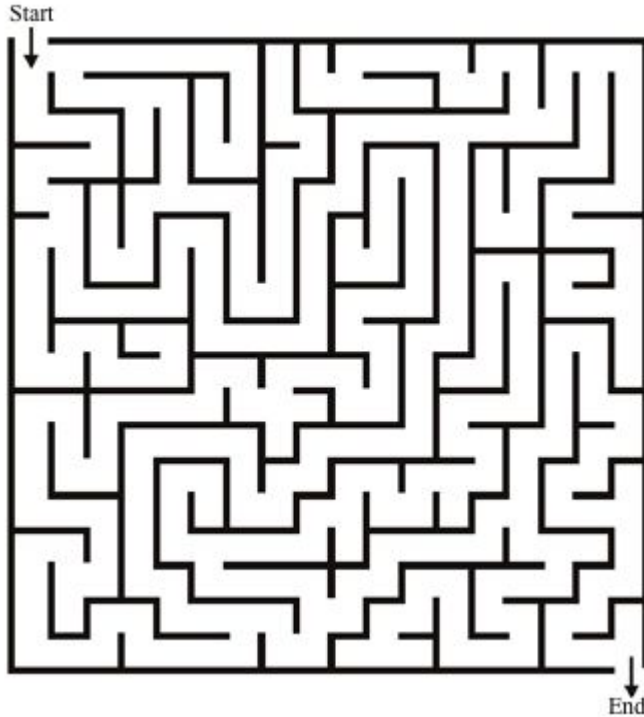
What will be closed?

- Grocery Stores: Foodland, No Frills
- Government Offices
- Most Agencies
- There is NO Public Transportation.

Restaurants will remain open.

*Call ahead to Pharmacies and stores to ensure they are open.

Information From: <https://www.timeanddate.com/holidays/common/labor-day>




Carol Hughes
 MP/Députée
 Algoma-Manitoulin-Kapuskasing

My office can help you with:

- Immigration & Citizenship
- Revenue Canada
- Employment Insurance
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- Seniors - CPP, OAS, GIS
- Passports
- Canada Student Loans
- Service Canada & HRSDC

1-855-297-4200
 1-705-848-8080
 carol.hughes@parl.gc.ca

NDP  **NPD**

Did You Know?

In 2006, an Australian man tried to sell New Zealand on eBay. Ebay shut it down once the price rose to \$3,000.

In 1999, the founders of Google were willing to sell for a price of under 1 million dollars, Excite declined the offer.

The creator of Netflix, Reed Hastings, was inspired to start his business after he received a \$40 late fee for a VHS copy of the movie Apollo 13.

Originally there was a third business partner to Apple, his name was Ronald Wayne, He sold his 10% stake for the price of \$800 in 1976.

Nutella was created during WWII. An Italian pastry maker added hazelnuts to chocolate to attempt to extend his chocolate ration.

Before Disney decided on the names for the Seven Dwarfs the ones up for consideration were; Chesty, Tubby, Burpy, Deafy, Hickey, Wheezy and Awful.

In 2009 while Scientists searched for the Loch Ness Monster, They did not find Nessie but they did find over 100,000 golf balls.

The creator of the Polio vaccine, Jonas Salk, declined to patent the Polio Vaccine saying 'There is not Patent, could you patent the sun?'

Information from:
<http://mentalfloss.com/article/55443/101-amazing-facts>

