## September 2024/Activities

MONDAY 02	TUESDAY 03 Talks	WEDNESDAY	THURSDAY 05	FRIDAY 06	
Happy Labour Day! See you tomorrow!	Learn about Addiction and Recovery at 1pm along with Learning Skills	04 PRESENTATION SAMANTHA FROM CONTACT NORTH @1PM	You are invited by Community Living to a FREE BBQ and games at Collin's Hall from 11:30-2pm Meet us there!	Join us for a BBQ, music, laughs and great times 12-3	
09	10	11	12	13	
Activities /Crafts about Addiction and Recovery. From 1-3pm	Learn about Suicide Prevention Day!	Hearing Life at Club 90 Take your FREE MINI HEARING TEST 2-4pm	Movie Day in your Pajamas "28 Days" and "Home Run"	Join us for a BBQ, music, laughs and great times 12-3	
16	17	18	19	20	
Self-Love and Gratitude Activities at 1pm	PRESENTATION @1PM ADDICTION AND RECOVERY WITH JAMES BRIDSON Personal look on Recovery & Addictions	Difference And Jam Session 11AM-3PM	MOVIE @1:00pm "A STREET CAT NAMED BOB" Let's pop popcorn!	Join us for a BBQ, music, laughs and great times 12-3	
23	24	25	26	27	
PRESENTATION @ 1PM ADDICTION AND RECOVERY WITH LISA LANKTREE	Banana Scrabble. Join in on the fun new game! 1:30pm AGM MEETING @ 4:30	Dèco. And Jam Session 11AM-3PM	GAMES DAY!!!! Cards 9-12pm Bingo Karaoke 1-4pm	Join us for a BBQ, music, laughs and great times 12-3	
30 Wear your orange shirts in support! Presentation by	<ul> <li>Are you interested in finding employment, even part time? Call in or sign up at Club 90. Presentation by Samantha at Contact North on Sept 4/2024.</li> <li>Sign up for a free mini hearing test from Hearing Life on Sept 11/24.</li> <li>Don't forget the Annual General Meeting, for those that registered for Sept</li> </ul>				
Melanie Jerry on our Native Culture @	24/2024.	EVERY PRANCE	RECOVER		

EVERY SHIRT CHILD SHIRT MATTERS DAY

1pm

MONT



Monday 2	Tuesday 3 Free Lunch Supper:	Wednesday 4 Supper:	<b>Thursday</b> 5 Free Lunch Supper:	Friday 6 Supper: 12-3	
Wishing everyone a safe and happy Labour Day long weekend See you Tuesday September 3 <sup>rd</sup> !	Chicken potpie with biscuits	Supper: Beef Stew	Cold Plate	EROSSERG GoCraph.com	
9	10 Free Lunch	11	12 Free Lunch	13	
Supper: Meatloaf	Supper: Pork Chops	Supper: Reiht's Tater Tots	Supper: Club Sandwiches	Supper: 12-3	
16	17 Free Lunch	18	19 Free Lunch	20	
Supper: Chili	Lunch and Learn At 1pm. Followed by a Presentation from James Bridson	Supper: Moe's Sitr-Fry	Supper: Ivan's Sloppy Joes's	Supper: 12-3 Kissonn Kissonn K	
23	24 Free Lunch	25	26 Free Lunch	27	
Supper: Chicken Kiev	Come join us here at Club 90 @ 4:30pm Dinner served at 3pm ANNUAL GENERAL MEETING GET INVOLVED!	Supper: Spaghetti and Meatballs	Supper: Turkey Club Wrap	Supper: 12-3	
30 BUFFET	Tidbits				

## BUFFET

Supper: **Sailsbury Steaks** 

- AGM meeting on Sept 24/24 @ 4:30pm. All welcome. Hope to see you here at ٠ North Shore Community Support Services! Must Register at Club 90
- While the weather is still warm, come join us every Friday for a BBQ! •
- September 17/24 join us for a Survivor's Breakfast followed by a Presentation • on Addictions and Recovery by James Bridson.

