

April

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01 Journaling from 10-12pm with Moe Magic 12pm -3pm 	02 Autism Lunch and Learn at 12pm with Nathalie NISA : Virtual Hangout 1-2pm	03 
06	07	08	09	10
	Easter Baking for Easter Dinner on Thursday 	Journaling from 10-12pm with Moe Magic 12pm -3pm 	Easter Dinner 1pm and 3pm seatings Call to sign up	Round Table Social at 11am and TED TALK 
13	14	15	16	17
10-11am Sharing Circle On Mindfulness and Grounding 1-2pm Substance Use Sharing Circle	Pool Tournament at 12:30pm sign up 	Journaling from 10-12pm with Moe Magic @ 12-3pm 	Lunch and Learn with Shari from CCEA on Goal Setting @ 12pm NISA : Virtual Hangout 1-2pm	Create your Goal Vision Board at 1pm 
20	21	22	23	24
10-11am Sharing Circle On Identity & Purpose 1-2pm Substance Use Sharing Circle	Lunch and Learn with Ryan from CCEA on Food Addictions @ 12pm	Journaling from 10-12pm with Moe Magic @ 12-3pm 	Shyanne nail day 12pm 	Round Table Social at 11am and TED TALK 
27	28	29	30	
10-11am Sharing Circle On Hope & Healing 1-2pm Substance Use Sharing Circle	Paint gifts for Mental Health week 	Journaling from 10-12pm with Moe Magic @ 12-3pm 	NISA : Virtual Hangout 1-2pm	



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>We are having an Easter Dinner on the 9th of April 2026. There are two sittings, one at 1 PM and another at 3 PM.</p> <p>Members need to sign up before 3rd April.</p>				
		1	2 Free Lunch/ I-CHEF	3
		<p>Supper: Tater Tots Tacos</p> 	<p>Supper: Chicken Fajitas</p> 	
6	7 Free Lunch	8	9	10 I- CHEF
	<p>Supper: Hamburgers and Hot dogs</p> 	<p>Supper: Cold Plate</p> 		<p>Supper: Essensreste</p> 
13	14 Free Lunch	15	16 Free Lunch	17 I- CHEF
<p>Supper: Beef and Rice Casserole</p> 	<p>Supper: Homemade Soup</p> 	<p>Supper: Pizza</p> 	<p>Supper: Spaghetti</p> 	<p>Supper: Chicken Mango Rice Bowl</p> 
20	21 Free Lunch	22	23 Free Lunch	24 I- CHEF
<p>Supper: Sweet Potato Taco Bar</p> 	<p>Supper: Chicken Kiev</p> 	<p>Supper: Cabbage Rolls</p> 	<p>Supper: Chicken Ceaser Wraps</p> 	<p>Supper: Soup and Sandwiches</p> 
27	28 Free Lunch	29	30	
<p>Supper: Chili</p> 	<p>Supper: Fried Rice</p> 	<p>Supper: Shake and Bake Chicken</p> 	<p>Supper: Meat Loaf</p> 	 <p>GOOD FOOD GOOD MOOD</p>